



Volume 2017, Issue 1

KELLY'S KORNER

Happy New Year! Fretzpark Homes started 2017 off with so many great things to look forward to in the coming year. We will celebrate our 10 year anniversary of providing residential services to adults and children with Developmental Disabilities and their families. Please look for invitations to special events that we will host to celebrate such a huge accomplishment.

FPH has grown immensely since that very first year. With growth comes change.

We were beginning to outgrow our previous location and have found a new place to call home for our administrative offices. If you are in the area, please stop by and visit us. We are just a few blocks south and one block west from our old location at 4232 N Santa Fe Ave.

This was our first year asking parents and guardians to contribute to our fundraising goal.

Our goal this year was set at \$10,000 and we managed to raise a little over \$7,000. A huge THANK YOU goes out to those that contributed in such a big way! The future of Fretzpark Homes certainly looks bright.

As always, the success of FPH is widely based on the individuals that we serve as well as the staff, parents and guardians. You all play an important role in the continued success of FPH and I could not tell you enough how much I appreciate each and every one of you.

OUR OFFICE HAS MOVED TO A NEW LOCATION!

4232 N. Santa Fe Ave.
Oklahoma City, OK 73118

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JANUARY

Debra Anderson
01/17

Vicki Gaines
01/15

Dozreonia Mitchell
01/22

FEBRUARY

Jamesetta Lewis
02/22

Rhea Walker
02/08

MARCH

Hassana Bah
03/04

Nylesha Guyton
03/14

Deborah Jones
03/21

Georgia Myers
03/10

How to Prevent Carbon Monoxide Exposure:

- Install and maintain a carbon monoxide detector in accordance with the manufacturer’s Instructions.
- Check and maintain proper ventilation of appliances and chimney flues.
- Clean or replace furnace filters regularly.
- Do not block air intake areas near appliances.
- Do not use a natural gas space heater or range to heat your home.
- Do not start your car, lawn mower, generator or any combustion engine in a closed garage.
- Do not operate a natural gas or propane grill in an enclosed area.
- Notice the color of the flame on a natural gas appliance. A yellow flame instead of a blue one is a warning sign that the appliance is not operating or vented properly.
- Have a qualified contractor inspect your heating and cooling equipment annually.

Remember to check your email

It is very important that you check your assigned work email at least once per week if not more. If you do not know what your email address is or you do not know how to access it, please let someone at the office know and they will show you. Besides pay stubs, there are other important emails that are sent out.

DID YOU MISS OPEN ENROLLMENT FOR MEDICAL INSURANCE?

Open enrollment for Blue Cross Blue Shields was in November however, you are not completely out of luck if you are still interested in signing up for medical insurance. If you qualify for InsureOK, you may still be able to get enrolled in our group medical plan. See Bonnie in Human Resources for more information about Blue Cross Blue Shields and InsureOK.

W4 Information

IF you plan on filing “Exempt” for 2017, you MUST fill out a new W4. If you filed for exemption in 2016 you will be automatically set to the default of Single and 0 allowances as your exemption status expires on February 15, 2017.

Check out our newly designed website at www.fretzpark.org We will be updating the new site on a regular basis so please check it often for the latest newsletter and activities that will be planned throughout the year!

NOTES FROM THE TRAINING COORDINATOR

- Employees must bring in a copy of their new Driver's License once it has been renewed. Without a current copy on file, employees will be pulled from the schedule until this has been taken care of.
- If employees are unable to attend trainings or in-services for any reason, they MUST contact their PC and/or Training Coordinator with at least a twenty-four hour notice OR you will still be charged.
- Employees need to fax or bring a copy of their training certificates and/or In-Service sheets to the office once their training is completed.
- Employees need to make sure that FPH receives an updated copy of their auto insurance once it has been renewed, insurance company has changed, or whenever they get a new vehicle.



FUN FACTS ABOUT OKLAHOMA



- **Twenty-four percent of Oklahoma is covered by forest**
- **About 60 percent of surface water is used for drinking water.**
- **No other state has as many man-made lakes: 200.**
- **Oklahoma is the only state that produces iodine.**
- **Vinita was the first city in Oklahoma to have electricity.**
- **Pensacola, OK, was the site of an 1862 Civil War battle. The Confederates won.**
- **"Oklahoma!" became the state song in 1953.**
- **Oklahoma records an average of 54 tornadoes each year; an average of 15 of them are significant.**
- **Oklahoma ranks fourth in the nation in wheat production.**
- **The state is fourth in cattle and calf production.**
- **The state is fifth in pecans.**
- **67 tribes inhabited Indian Territory.**
- **Oklahomans spend about 3.5 million days hunting annually.**
- **24 percent of Oklahomans are younger than 18.**

Providing superior, quality residential services to people with developmental disabilities and their families.

Phone:
405-521-8232
Fax:
405-521-8803

Fretzpark Homes is dedicated to providing superior, quality, residential service to people with developmental disabilities and their families. In attempting to achieve our goal, we offer a variety of opportunities for the individuals to exercise their right as a productive citizen both in the home and community. These opportunities include measurable training in daily living skills, an assortment of community involvement, creative activities within the home, and the chance to give back to the same community that gives to them.

This Month's Contributors:

- Kelly Silla*
- Amber Caro*
- Bonnie Sayadeth*
- Jamesetta Lewis*
- Tristan Whitaker*

Your generous donations go to help our residents enjoy independent living. Consider making a donation today. Please contact Fretzpark Homes for ways to donate.

We're on the Web!
www.fretzpark.org

*Making a
Difference!*

**4232 N. Santa Fe Ave.
Oklahoma City,
OK 73118**